



## Curriculum Levels 1 - 3

Level	Theory	Practical	Riding
<b>1</b>	<ul style="list-style-type: none"> <li>u Identify and demonstrate the use of grooming tools.</li> <li>u Identify the basic parts of the horse (nostril, forehead, poll, eye, ear, muzzle, forelock, crest, neck, mane, shoulder, wither, back, rump, tail, hock, knee, fetlock, hoof.)</li> <li>u Name the basic parts of the saddle and bridle (bit, reins, cheekpieces, browband, throatlash – girth, stirrups, pommel, seat).</li> <li>u Understand the body language of the horse using the ears.</li> </ul>	<ul style="list-style-type: none"> <li>u Demonstrate how to move around the horse safely.</li> <li>u Groom the horse thoroughly demonstrating the correct use of grooming tools.</li> <li>u Estimate the length of your stirrups from the ground.</li> <li>u Safely lead a horse.</li> <li>u Demonstrate how to clean and put away the saddle, bridle and saddle blanket.</li> </ul>	<ul style="list-style-type: none"> <li>u Mount and dismount using the mounting block as required and holding the reins securely.</li> <li>u Demonstrate shortening and lengthening of reins</li> <li>u Demonstrate steering and stopping through a set of cones and obstacle course.</li> <li>u Walk the long side of the arena standing in the stirrups.</li> </ul>
<b>2</b>	<ul style="list-style-type: none"> <li>u Understand the body language of the horse using the tail, eyes, legs and other movements.</li> <li>u Identify the parts of the hoof (wall, frog, sole and heel).</li> <li>u Explain the importance of regular care of the feet.</li> <li>u Understand the pattern of footfalls of the walk and trot whilst unmounted.</li> <li>u Explain how to measure the height of the horse.</li> </ul>	<ul style="list-style-type: none"> <li>u Provide feed to the horse safely.</li> <li>u Provide water to the horse at an appropriate time, showing an understanding of watering rules.</li> <li>u Tie a quick release knot onto hayband.</li> <li>u Demonstrate how to move the horse over safely.</li> </ul>	<ul style="list-style-type: none"> <li>u Recognise the movement of each leg at the walk.</li> <li>u Demonstrate a change of rein at the walk.</li> <li>u Trot the long side of the arena.</li> <li>u Trot through a set of weaving cones.</li> <li>u Ride in the opposite direction to another rider, passing on the correct side.</li> <li>u Demonstrate the correct position when walking up and down hills.</li> </ul>
<b>3</b>	<ul style="list-style-type: none"> <li>u Recognise different hard feeds and hays and their purposes, how to assess the quality of the feed and appropriate storage.</li> <li>u Identify these additional parts of the horse (throat, elbow, pastern, dock, coronet, hips, loins, hock, stifle, ribs, cheek).</li> <li>u Identify the basic colours of the horse.</li> <li>u Recognise the common face and leg markings of the horse.</li> </ul>	<ul style="list-style-type: none"> <li>u Catch a horse from the yard.</li> <li>u Lead safely past another horse.</li> <li>u Tie the horse at an appropriate length.</li> <li>u Demonstrate picking out the front hooves.</li> <li>u Hose/sponge a horse after a workout.</li> </ul>	<ul style="list-style-type: none"> <li>u Perform own gear check before mounting.</li> <li>u Change the stirrups whilst mounted.</li> <li>u Execute smooth transitions on command (halt, walk, trot)</li> <li>u Trot an even 20m circle.</li> <li>u Identify and ride on the correct trot diagonal.</li> <li>u Walk a lap of the arena standing in the stirrups, without using the reins to balance.</li> </ul>

