



Curriculum Levels 1 - 3

Level	Theory	Practical	Riding
1	<ul style="list-style-type: none"> u Identify and demonstrate the use of grooming tools. u Identify the basic parts of the horse (nostril, forehead, poll, eye, ear, muzzle, forelock, crest, neck, mane, shoulder, wither, back, rump, tail, hock, knee, fetlock, hoof.) u Name the basic parts of the saddle and bridle (bit, reins, cheekpieces, browband, throatlash – girth, stirrups, pommel, seat). u Understand the body language of the horse using the ears. 	<ul style="list-style-type: none"> u Demonstrate how to move around the horse safely. u Groom the horse thoroughly demonstrating the correct use of grooming tools. u Estimate the length of your stirrups from the ground. u Safely lead a horse. u Demonstrate how to clean and put away the saddle, bridle and saddle blanket. 	<ul style="list-style-type: none"> u Mount and dismount using the mounting block as required and holding the reins securely. u Demonstrate shortening and lengthening of reins u Demonstrate steering and stopping through a set of cones and obstacle course. u Walk the long side of the arena standing in the stirrups.
2	<ul style="list-style-type: none"> u Understand the body language of the horse using the tail, eyes, legs and other movements. u Identify the parts of the hoof (wall, frog, sole and heel). u Explain the importance of regular care of the feet. u Understand the pattern of footfalls of the walk and trot whilst unmounted. u Explain how to measure the height of the horse. 	<ul style="list-style-type: none"> u Provide feed to the horse safely. u Provide water to the horse at an appropriate time, showing an understanding of watering rules. u Tie a quick release knot onto hayband. u Demonstrate how to move the horse over safely. 	<ul style="list-style-type: none"> u Recognise the movement of each leg at the walk. u Demonstrate a change of rein at the walk. u Trot the long side of the arena. u Trot through a set of weaving cones. u Ride in the opposite direction to another rider, passing on the correct side. u Demonstrate the correct position when walking up and down hills.
3	<ul style="list-style-type: none"> u Recognise different hard feeds and hays and their purposes, how to assess the quality of the feed and appropriate storage. u Identify these additional parts of the horse (throat, elbow, pastern, dock, coronet, hips, loins, hock, stifle, ribs, cheek). u Identify the basic colours of the horse. u Recognise the common face and leg markings of the horse. 	<ul style="list-style-type: none"> u Catch a horse from the yard. u Lead safely past another horse. u Tie the horse at an appropriate length. u Demonstrate picking out the front hooves. u Hose/sponge a horse after a workout. 	<ul style="list-style-type: none"> u Perform own gear check before mounting. u Change the stirrups whilst mounted. u Execute smooth transitions on command (halt, walk, trot) u Trot an even 20m circle. u Identify and ride on the correct trot diagonal. u Walk a lap of the arena standing in the stirrups, without using the reins to balance.

